

Ma and Pa Equipment List - 2026 Trek

Extra Bucket: Pack the following small items in an extra 5-gallon bucket that will go in your handcart. These are intended to meet travel needs while trekking.

- Kleenex
- Hand sanitizer
- Toilet paper (baggies for emergencies along the trail)
- Bug repellent
- Extra flashlight /batteries
- Consecrated Oil
- Permanent Marker
- Sunscreen
- A watch
- Duct tape
- Small basic first aid kit
- Emergency feminine supplies (there will be some in porta-potties)
- Small garbage bags to tie on handcarts along the trail for trash and extra items.
- One 8X10 tarp to cover the handcart from dust and rain*
- Ties or bungee cords to secure tarp to handcart (no wire)
- Two 24" bungee cords with plastic tips to secure water jugs on the back of the handcart.
- 2-3 spray bottles for mist/cooling
- Optional -small NEW yard sprayer (1-2 gallons)*
- Optional – cooling towels
- Cooler for sack lunches and handcart snacks*
- Personal Shelter (like a beach umbrella)*
- Two insulated 5-gallon wide mouth water jugs with opening large enough for an ice block*

*These items will go in handcart, but not in bucket

Large Plastic Tote: Pack the following items in a plastic tote - Sam's Club has a black tote with yellow lid that works well. This tote will not go in your handcart. It will be transported by the Logistics Committee to your campsite.

- Two burner table top propane or white gas stove
- One 6 qt pot with lid. No larger than about 10.5 in diameter
- Two - 10" skillets with lid, the deeper the better, need to fit on stove at the same time
- Two large mixing bowls
- One large cutting board. Solid plastic is better/lighter than wood. (Don't bring rolled up plastic. There may not be a hard surface to set up on.)
- 1 water jug with spigot for washing dishes

- **Two plastic tubs for washing dishes**
- **Three large, long-handled serving spoons**
- **Wire whisk**
- **1 cup measuring cup**
- **1 set of serving tongs**
- **Pancake turner**
- **Two wooden spoons**
- **Two pairing knives for food preparation**
- **Two serrated knives for food preparation**
- **Can opener**
- **3-4 dish towels**
- **3 dish rags**
- **Matches or lighter**
- **Scrubbing pads for cleaning**
- **Small container of dish soap**
- **One pair of heavy leather gloves**
- **Kitchen timer or watch**
- **Small pair of scissors**
- **First Aid Kit**
- **One lantern or flashlight. Electric lanterns are great!**
- **Hammer for pounding stakes**
- **Camera (phone is sufficient for candid, please limit use)**
- **Pocket knife or multi tool**
- **Extra rope/paracord/bailing twine (optional) – in addition to what stake provides**
- **2-3 rolls paper towels**
- **4 garbage bags**
- **Clorox wipes**
- **Hand sanitizer**
- **Extra Toilet Paper (1-2 rolls)**

THE STAKE WILL PROVIDE:

- **2 large tarps for shelter (12'X16' with rope, poles, and stakes)**
- **Shelter poles and stakes**
- **Propane canisters or white gas for stoves**
- **Board to prepare food and cook on**